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*- H. G. Wells(1866-1946)*

## A&E

Toronto director David Cronenberg wins approval from critics and audiences alike at Cannes. **c6**



ROSS REYNOLDS, academy chairman and head of the selection process that chose Toronto.

The Canadian Music Hall of Fame started inducting artists in 1978, but it existed only as

an idea on the top floor and two stores, some featuring the "Oh What A Feeling" brand used to market popular compilations of Canadian music.

The entrance will be on Yonge

and Queen streets. The museum that has been in the works for years.

At the music hall of fame, exhibits will lean heavily towards the interactive, said Peter Till-

man. Exhibits in the hall of fame will be able to take visitors through the entire recording process.

► Please see **Hall, A8**

# Does a low-fat diet foil breast cancer?

## New study says it cuts risk by 24% Some experts urge caution on findings

MARILYNN MARCHIONE  
ASSOCIATED PRESS

ORLANDO, FLA.—A new study seems to suggest that low-fat diets can help prevent a return of breast cancer in certain women, but many specialists disagreed

with the conclusions, saying other factors might have played a role, like weight loss.

Previous studies have failed to find that cutting fat in the diet can prevent breast cancer, so some doctors urged caution in

interpreting the new data.

"There are more questions than answers," said Dr. Eric Winer, director of breast care at the Dana-Farber Cancer Institute in Boston. "What we don't want to happen is for every woman who's had breast cancer to panic if she's had a Big Mac."

The study was funded by the National Cancer Institute and

involved 2,437 women at 10 sites around the United States. All had surgery followed by standard chemotherapy drugs for early-stage breast cancer and five years of tamoxifen. Their tumours were estrogen-receptor positive — that helped to grow by estrogen.

► Please see **Diet, A2**

# SUN Entertainment


**STILL THE BIGGEST**  
**STILL THE BEST**  
[www.HelpConquerCancer.ca](http://www.HelpConquerCancer.ca)  
The Princess Margaret Hospital Foundation      Lottery Lic. #1111

JOHN KRYK, Executive Entertainment Editor, 416-947-2118 john.kryk@tor.sunpub.com


# Is Fat where it's at?


**Fat Actress**  
 ▶ Tonight  
 10:00 p.m.  
 Movie Network/  
 Movie Central



**Kirstie Alley might start weight watchin' trend**

KIRSTIE ALLEY lets it all hang out. Rock and Carmen Electra appear in *Rock of Love* tv/comedy line starts to get a little



# Statins may cut risk of cancers

Anti-cholesterol  
drug widely used

Users less prone to  
3 types of disease

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## La difference?

“Gender is the single greatest difference in the human species, much bigger than race,” writes Sally Jenkins in *The Washington Post*.

“MIT biologists have found that men and women differ genetically by 1 to 2 per cent — the same amount of genetic difference that separates humans from chimpanzees.”

## Household health

■ “The medicine cabinet is the worst place to store medications,” reports Knight Ridder News. “The heat and humidity

ology at Yale University school of medicine.

## Floss to live longer

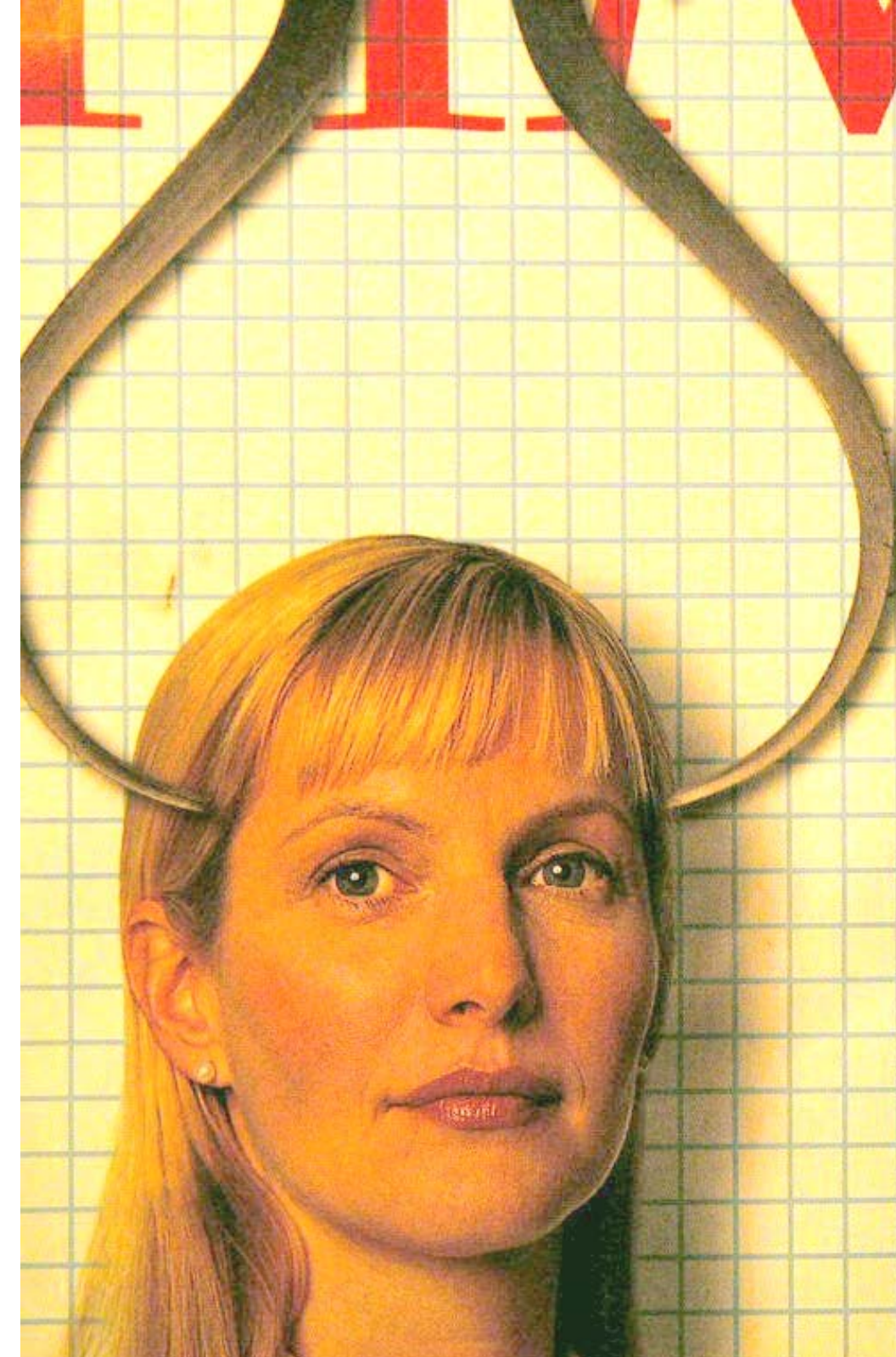
Flossing can add up to six years to your life, according to Michael Roizen, a professor of anesthesiology and internal medicine at the State University of New York, Syracuse. In his book *The Real/Age Makeover*, he writes: “Flossing your teeth daily can make your arteries younger. The probable reason: Flossing helps keep your immune system young.”

*Source: Albany Times Union*

## Thought du jour

“I do not stare at myself in the mirror. For one

ALL ABOUT



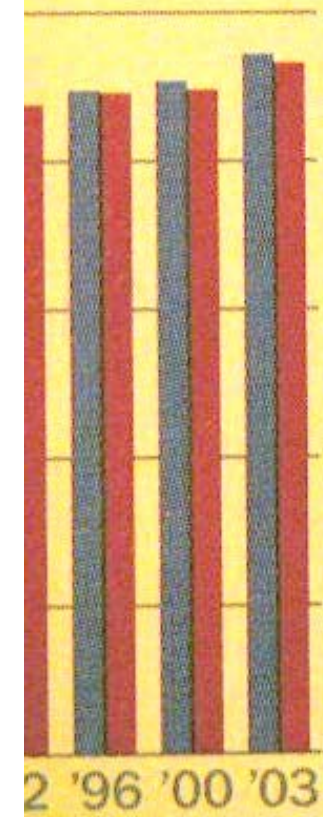
**THE**  
**MATH**  
**MYTH**

The real truth about  
**WOMEN'S BRAINS** and the  
gender gap in **SCIENCE**

boys and girls don't differ much on math tests, but that small gap grows as they take either sex smarter in that subject or other sciences

## DIFFERENCE

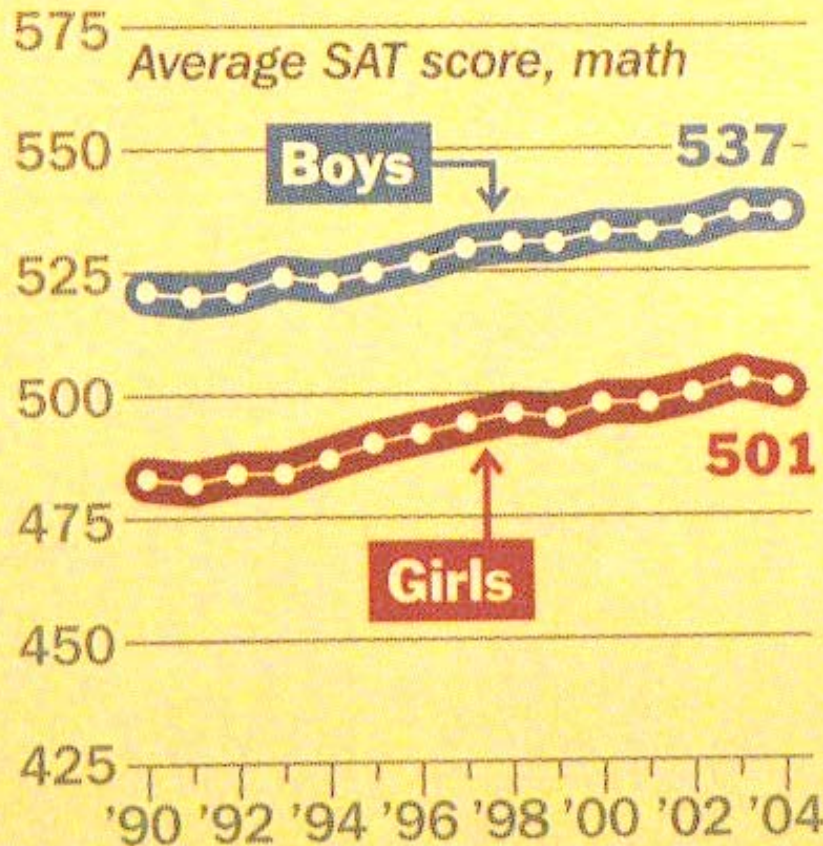
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## THE SAT SPLIT

Girls score about 7% lower on the math part of the SAT. One factor may be that more girls than boys from lower-income families take the test

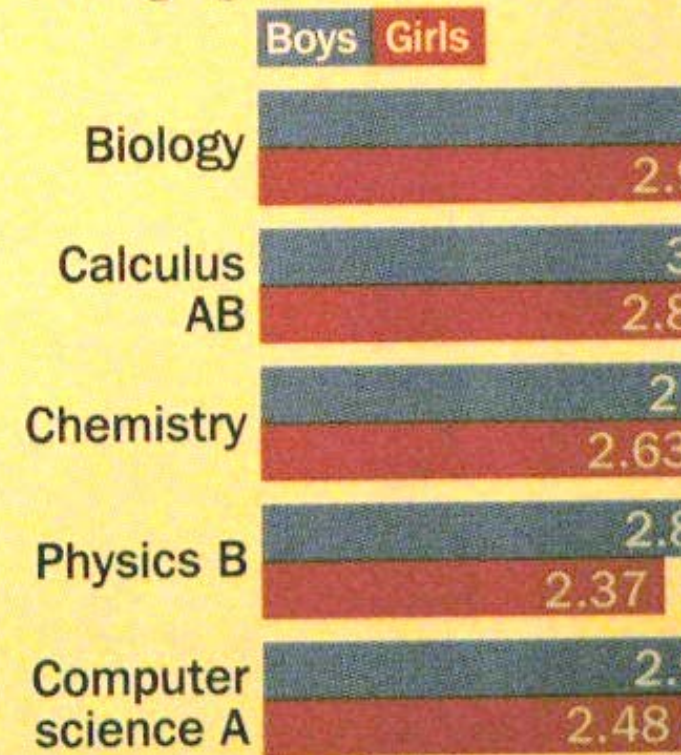


Source: The College Board

## GETTING AHEAD

Boys outperform girls on Advanced Placement exams before college, but that changes as more girls take the elite tests each year

Average grade on AP exam, 2003



Source: The College Board

# TORONTO STAR

THUNDERSTORMS, HIGH 21C ★ FRIDAY, MAY 27, 2005 ★ thestar.com ★ METRO EDITION

## CHALLENGE TO CHIEFS

# Kingston proves race bias

### Police chief there apologizes to blacks, aboriginals Toronto expected to follow with own study of practices

CATHERINE PORTER  
CITY HALL BUREAU

KINGSTON, ONT.—A tearful Police Chief Bill Closs apologized yesterday to black people in Kingston after being confronted with proof they are stopped by officers three times more often than whites.

Then Closs challenged police chiefs across Canada to monitor their forces for racial profiling.

"It's time the police chiefs look at themselves in the mirror and said to themselves, 'What is going on in my organization?'" he said. "My officers took the risk. They knew there'd be consequences and they demonstrated integrity."

Toronto Police Services Board chair Pam McConnell pledged that a similar "made-in-Toronto" version of the monitoring

would be put in the hands of the city's police force within the next eight months.

She called the results "very disturbing" but not unexpected.

"This is a road map for the future," said McConnell, in Kingston with fellow board member Alok Mukherjee to witness the data analysis first-hand.

"For me, this affirmed what we all know. It begs the question of

us, what will we do about this?"

The Kingston force was the first in the country to ban racial profiling and keep tabs on the race of people stopped by officers over the course of a year, from Oct. 1, 2003 to Sept. 30, 2004.

Yesterday the analysis of that data was released, revealing great disparities:

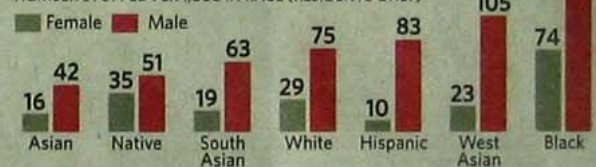
★ Blacks were stopped by police about three times as often as whites.

► Please see **Race, A4**

### Blacks stopped the most

Kingston Police kept a record of civilians who were stopped during a 12-month period and found that black men and women were stopped the most.

NUMBER STOPPED PER 1,000 IN RACE (RESIDENTS ONLY)



SOURCE: Bias Free Policing, The Kingston Data Collection Project

TORONTO STAR GRAPHIC

## THE FIRST STEP | Province to help disabled children



## TOUGH-TALKING CRACK-UPS

Subversive penguins steal the show in Madagascar. Movies, E1

## Pulse

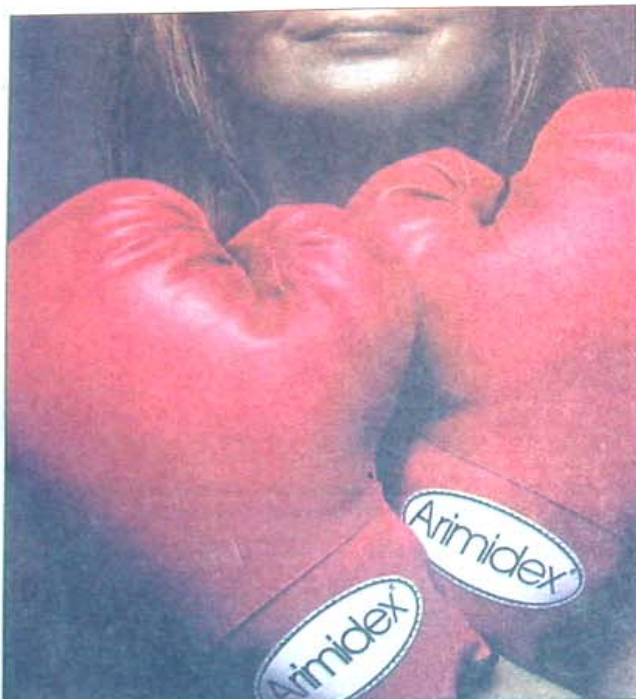
COMPILED BY JUDY GERSTEL

## Implants not always uplifting

Women who have cosmetic breast enhancement surgery may have triple the risk of suicide compared to other women, according to a study reported in the October issue of the *Annals Of Plastic Surgery*. The suicide risk was particularly high in the first few years after implant surgery.

Researchers say their findings indicate the need for plastic surgeons to assess patients' mental health status before performing breast enlargement surgery.

The study included 2,166 Finnish women who'd had cosmetic breast surgery between 1970 and 2000. The study is the third in recent years to show a link between increased suicide risk and breast implant surgery.



## For our good

This advertisement in the American magazine *Health*, sold in Canada, promotes a drug for breast cancer — "Arimidex significantly reduced the risk of breast cancer returning compared with tamoxifen..." The ad appears a couple of pages after an ad for Rold Gold pretzels.

Drug companies spend about \$3 billion (U.S.) a year on direct-to-consumer advertising of prescription medicines.

This week, U.S. health officials announced they'll publish new guidelines for this kind of advertising. Requirements would include better presentations of drug risks and benefits instead of the tiny print summaries that appear on a page behind the big

flashy illustrations.

Critics charge the ads encourage patients to ask their doctors for heavily advertised drugs, leading to unnecessary prescriptions and driving up health care costs.

But the president of Pfizer U.S. Pharmaceuticals, which blankets the airwaves with ads for Viagra and Lipitor, said consumers benefit from the ads.

"The unspoken truth about advertising of medicines is that it constitutes one of the largest and most successful public health campaigns in U.S. history."

Oh, sure. And the fox is hanging around the hen house just to protect the chickens.

## Mind-body connection given boost

If you believe that thinking can make it so, you'll be pleased with results from a University of California study showing that Tai Chi can boost immunity factors that suppress shingles by 50 per cent.

The findings of the randomized, controlled clinical trial, reported in this month's edition of *Psychosomatic Medicine*, are the first to demonstrate a positive, virus-specific immune response to a behavioural intervention.

Study participants were older adults in a 15-week Tai Chi class. They also showed significant improvement in their physical health and ability to move through their day.

"Our findings offer a unique and exciting example of mind over matter," says Dr. Michael Irwin, a professor at the UCLA Neuropsychiatric Institute and director of the Center for Psychoneuroimmunology.

"The improvements in both immunity and physical func-



tioning were significant by widely accepted measures of each, and all with no surgery, no drugs and no side effects."



## Spousal support a royal pain?

Overly supportive spouses are not necessarily doing their partners a favour.

They could be prolonging the recovery of their injured spouses.

That's the conclusion of a study reported in this month's edition of *The Clinical Journal Of Pain*.

Researchers also found that there are differences between the way each sex responds to a "solicitous" spouse — which should come as no surprise.

"Spousal solicitousness is related to how male patients say they're doing and to how female patients are actually doing," says study author Roger Filligim of the University of Florida.

He and his colleagues surveyed 114 female and 213 male chronic pain patients, most of whom were being treated for low back pain.

Men with highly attentive spouses reported higher levels of pain and more disability but despite their complaints, they did well on physical functions tests.

For women, it was just the opposite.

Women with highly solicitous spouses didn't report feeling more pain or being more disabled.

However, they performed more poorly on physical function tests than did women with less attentive spouses.

## Purrfect explanation for everything

Wife reckless? Hubby morose? Blame the cat.

Kicking the cat may be a metaphor about venting frustrations on the innocent family feline, but it could be that Snowball or Fluffy really is to blame after all.

A Czech scientist told Reuters news service this week that his research showed a parasite called *Toxoplasma gondii* in cats, rabbits or raw meat, may make women reckless and friendly.

Jaroslav Flegr of Charles University in Prague said the same parasite, however, makes men quiet, withdrawn, suspicious, jealous, morose and dogmatic.

He could not find a reason for the different reactions by men and women.

Flegr also believes that the parasite is responsible for up to a million deaths on the roads worldwide, making it the one of



the deadliest parasitic diseases, second only to malaria.

"It is not much fun. Our research has shown that toxoplasmosis raises 2.6 times the risk of a traffic accident by prolonging the reaction time of infected people," he said.

"It is not only about driving accidents but also about the probability of being run over by a car."

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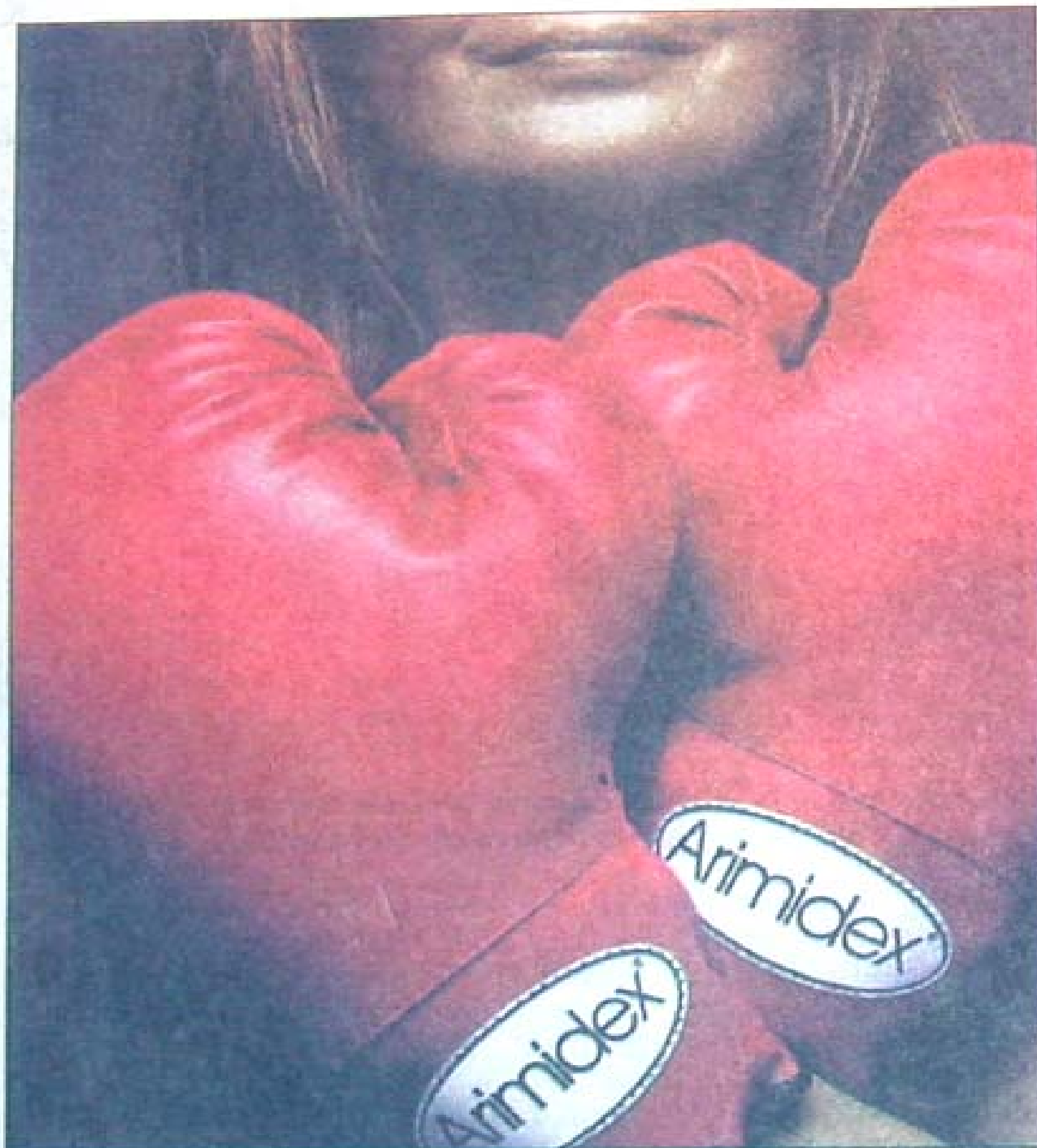
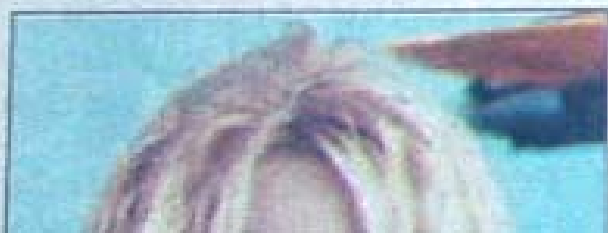
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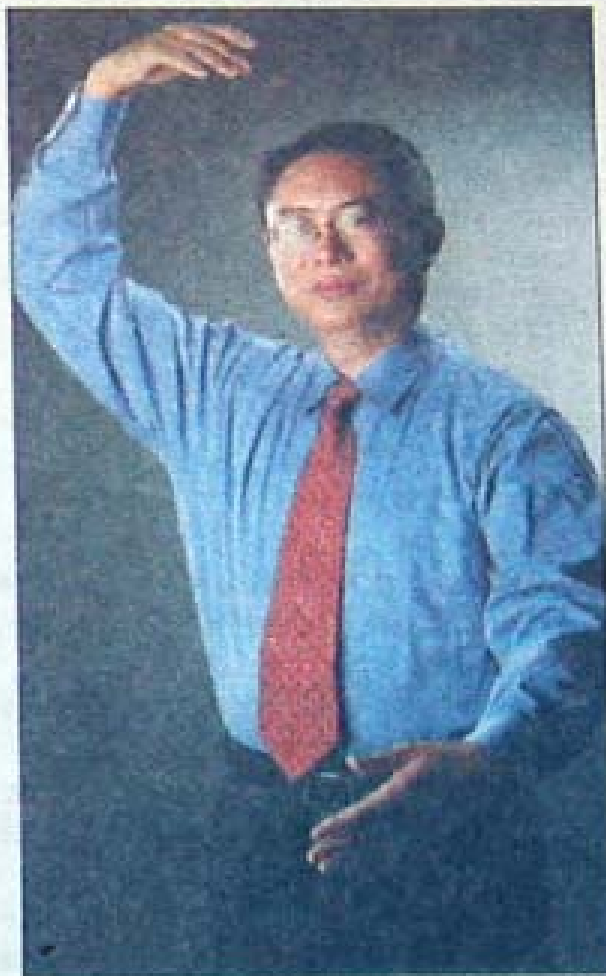
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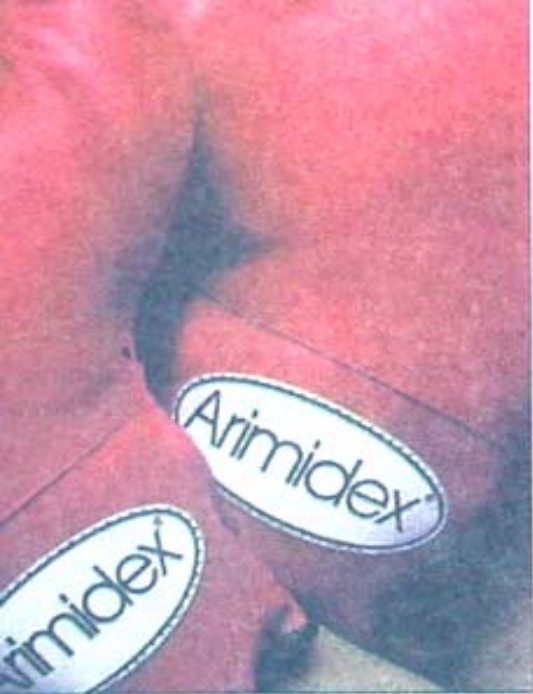
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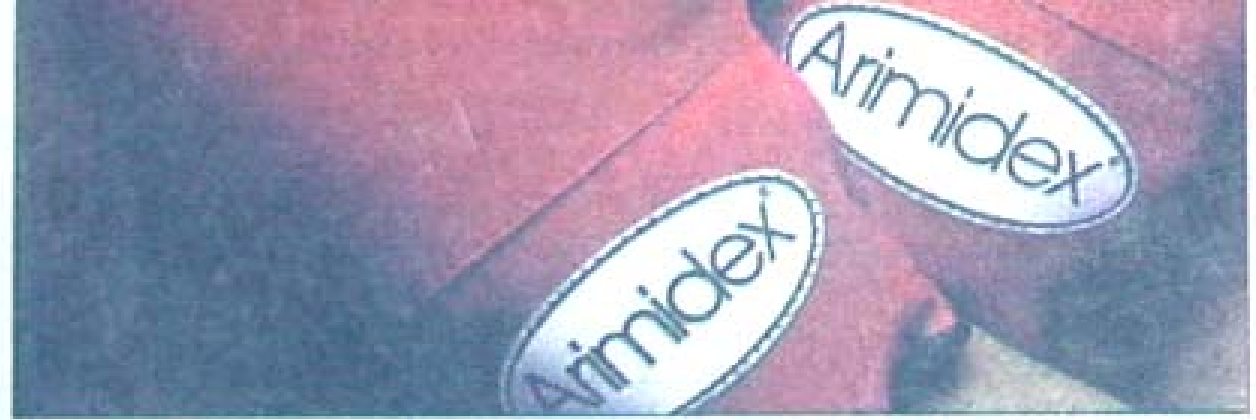
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